







**FEBRUARY 2010 BREAKFAST MENU**

MISSOULA COUNTY PUBLIC SCHOOLS – ELEMENTARY & MIDDLE SCHOOL  
STUDENT BREAKFAST \$1.25 ADULT BREAKFAST \$1.75 EXTRA MILK \$.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p align="center"><b><i>Available Daily For Breakfast</i></b></p> <ul style="list-style-type: none"> <li>•Cereal &amp; toast</li> <li>•Bagel &amp; cream cheese</li> <li>•Choice of fruit or juice</li> <li>•Choice of milk</li> </ul> <p align="center"><b>*NOT ALL BREAKFAST CHOICES AVAILABLE AT EVERY SCHOOL</b></p> 
<p><b><u>BREAKFAST BOOSTS BRAIN POWER</u></b></p> <p>Kids who eat breakfast are:</p> <ul style="list-style-type: none"> <li>•Less likely to miss school</li> <li>•Less likely to be tardy</li> <li>•Cause fewer fights</li> <li>•Are more cooperative</li> <li>•Are more creative</li> <li>•Finish work faster</li> </ul> <p>Try eating breakfast for just one week regularly and chart your performance, energy levels and mood. We bet you will be happy to see the good things that result from regularly eating breakfast.</p>	<p>1) PANCAKES</p> 	<p>2) QUAKER OATBAR STRING CHEESE</p>	<p>3) CINNAMON RAISIN PRETZEL</p>	<p>4) LIL YAMI YOGURT</p>	<p>5) BREAKFAST PIZZA</p>	
	<p>8) MOZZERELLA STICKS</p>	<p>9) BREAKFAST EGG WRAP</p>	<p>10) SMUCKERS MAPLE WAFFLE</p> 	<p>11) PANCAKE WRAPPED SAUSAGE</p>	<p>12) CINNAMON BAGELFUL</p> 	
<p>15) <b>NO SCHOOL</b></p> 	<p>16) QUAKER OATBAR STRING CHEESE</p>	<p>17) CINNAMON RAISIN PRETZEL</p> 	<p>18) LIL YAMI YOGURT</p>	<p>19) BREAKFAST PIZZA</p>		
	<p>22) MOZZERELLA STICKS</p>	<p>23) BREAKFAST EGG WRAP</p>	<p>24) SMUCKERS MAPLE WAFFLE</p>	<p>25) PANCAKE WRAPPED SAUSAGE</p>	<p>26) CINNAMON BAGELFUL</p>	
	<p>Punxsutawney Phil actually lives in a climate-controlled home at the Punxsutawney Library. He is then taken to Gobbler's Knob, the location of the official groundhog ceremony, &amp; placed in a heated burrow underneath a simulated tree stump on stage before being pulled out at 7:25 am on Groundhog Day to make his prediction. Phil is reputed to be more than 100 years old, surviving beyond a marmot's normal life span thanks to the strong constitution of his wife, Phyllis, and a steady diet of Groundhog punch. You too can have a longer than normal life span by eating a healthy breakfast and lunch at your school. Look for more fun "Phil Facts" on the lunch side.</p>					